



HERBS AND SPICES

Use your creativity to make delicious meals! Add any of these herbs and spices to your food at any time.

All spice	Himalayan Pink Salt
Apple Cider Vinegar	Mint
Basil	Mustard seed
Celery flakes	Nutmeg
Chilli	Oregano
Chives	Paprika
Cinnamon	Parsley
Cloves	Pepper
Coriander	Rosemary
Cumin	Sage
Curry Powder	Tamari
Dill	Thyme
Fennel	Tumeric
Garlic	White Vinegar
Ginger	